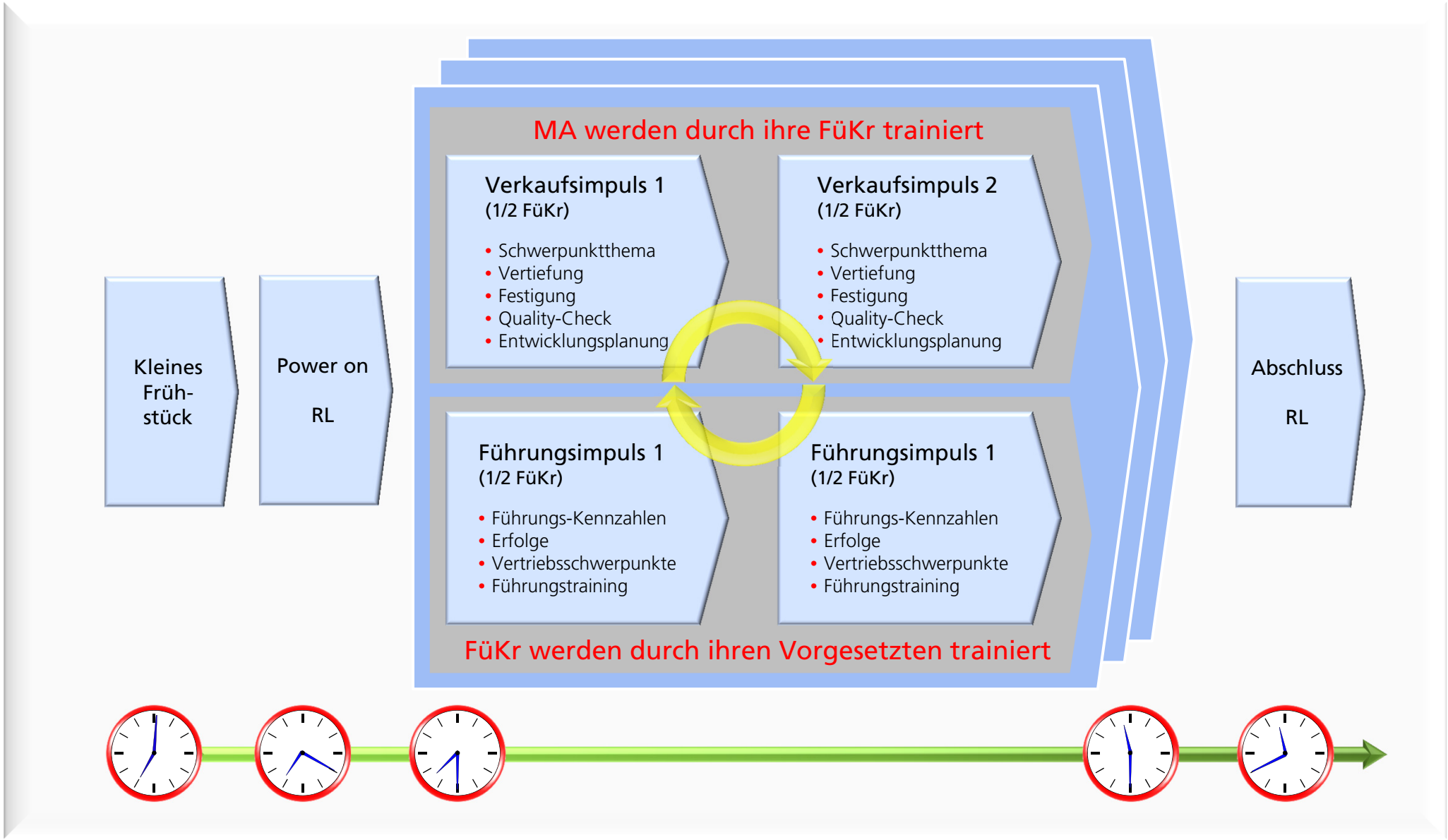SMG Regionen-Power «Ein halber Tag Vollgas»